



Q SPORTS PHYSIO – PRICE LIST

Physiotherapy

Initial Assessment - 45 minutes - £70

Follow up appointments - 40 minutes - £60

Osteopathy

Initial Assessment - 45 minutes - £70

Follow up appointment - 40 minutes - £65

Block of 10 treatments - £550

Personal Training

60 - minutes session - £60

10 sessions – 60 minutes each - £550

Sports Massage

Initial Assessment – 60 minutes – £75

Follow up appointment – 45 minutes - £60

Shockwave Therapy

20 minutes - £75

Block of 3 treatments - £200

Block of 5 treatments - £320

Pilates 1-1

40 minutes - £60

5 sessions - £275

We are registered with all major insurance companies:

