



# Q SPORTS PHYSIO

## PRICE LIST

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### PHYSIOTHERAPY

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Initial Assessment	45 minutes	£70
Follow up Appointments	60 minutes	£85
Follow up Appointments	40 minutes	£60

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### PERSONAL TRAINING

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Personal Training session	60 minutes	£60
Block of 10 sessions	60 minutes x10	£550

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### SPORTS MASSAGE

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60-minute treatment	60 minutes	£75
45-minute treatment	45 minutes	£60
30-minute treatment	30 minutes	£45
Block of 4 treatments	60 minutes x4	£270

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### SHOCKWAVE THERAPY

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Shockwave Therapy treatment	20 minutes	£75
Block of 3 treatments	20 minutes x3	£200
Block of 5 treatments	20 minutes x5	£320

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### ACUPUNCTURE

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Initial Assessment	45 minutes	£70
Follow up Appointments	40 minutes	£60

We are registered with all major insurance companies.

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